

CULTURAL COMPETENCY REDUCING DISPARITIES (CCRD) COMMITTEE

November 10, 2021

Meeting Minutes

MEMBERS PRESENT:	MEMBERS PRESENT:	GUESTS PRESENT:
Angela Rodriguez, April Jones, District MFT, Hemet USD Brenda Scott, Executive Director, NAMI Mt. San Jacinto Dakota Brown, Peer Support Specialist, Help@Hand, RUHS-BH Diana Gutierrez, Administrative Services Manager, PEI, RUHS-BH Dr. Ernelyn Navarro, Cultural Liaison, Asian/Pacific Islander Community Dr. Pierre Scott, Staff Development Officer, MHSA, RUHS-BH Dylan Colt, Consumer Affairs, RUHS-BH Eva Zamora, Education and Outreach, Inland Caregiver Resource Center Glenis Ulloa, Senior Parent Partner, RUHS-BH, Cultural Competency Gloria Moriarity, Lead Advocate, Center of Deafness Hazel Lambert, Cultural Liaison, African American Community Joel Hernandez, PEARLS Counselor, Inland Caregivers Resource Center Joshua Kohlerly, TAY Specialist, Western Region Administration Kevin Phalavisay, Cultural Liaison, LGBTQ+ Community Linda Hart, African American Health Coalition	Luz Negron, Parent Support, RUHS-BH Maria Ramirez, Community Mental Health Promoter, SBCIHI Michael Angulo, Behavioral Health Specialist III, RUHS-BH Philip Frazier, Reverend Benita Ramsey, Cultural Liaison, Spirituality Community Riba Eshandsada, Cultural Liaison, MENA Community Selena Lomeli, Connect IE Outreach Coordinator, Inland SoCal United Way Selenne Contreras, Office Assistant III, Cultural Competency, RUHS-BH Shirley Guzman, Cultural Liaison, Latino/Latina Community Stephany Quiroz, Family Wellness Facilitator, Reach Out Sylvia Bishop, Secretary, Cultural Competency, RUHS-BH Taide Arias, Staff Development Officer, WET, RUHS-BH Tondra Hill, Social Services Planner, RUHS-BH Toni Robinson, Program Manager, Cultural Competency, RUHS-BH. Willard Wynn, Senior Family Advocate, RUHS-BH	Jessica Dupont, ASL Interpreter, RISE Interpreting Joan Bruyninckx, ASL Interpreter, RISE Interpreting

ITEM	DISCUSSION	ACTION
I. CALL TO ORDER	Toni Robinson called the meeting to order at 9:05am	
II. MEETING MINUTES	The committee reviewed meeting minutes for <i>October 13, 2021</i>	Kevin moved to improve and Shirley second the motion.
III. FAMILY AS A RESILIENCE FACTOR	<p>Willard Wynn from our Family Advocate Program spoke about family as a resiliency factor and the way our programs have resources for our family. Family advocates as a whole has 3 county-wide senior family advocates one for mid-county, western region, and the desert region. Their main duty is to connect families to services and hold self-help groups to help navigate families through tough times. Family Advocates can come to present about the program and collaborate with other committees and organizations.</p> <p style="text-align: center;">Willard Wynn wwynn@ruhealth.org (951) 955-7230</p> <p>During the holidays 64% of mentally ill or those dealing with substance abuse have an increase in symptoms. Willard highlighted the importance for resting, getting enough sleep, taking walks, and taking time for self-care.</p> <p>Gloria asked if family advocates only cover Riverside County. She mentioned a client is going through conservatorship for her husband and would like to connect her to services. Willard Wynn responded that even though he covers Riverside County he can connect anyone to services—including out of state. He added that he is able to provide ASL interpreters if need be.</p>	Selenne to send Wills information to the group
IV. THEY ARE HERE	<p>The Cultural Community Liaisons introduced themselves.</p> <p><i>Riba Eshanzada MENA Cultural Community Liaison</i></p>	

Riba was previously a consultant for NAMI tri city for the Muslim community. She then joined the RUHS-BH under MHSA as an analyst. She was Clinical Therapist at Robert Presley Detention Centers working with law enforcement. She is currently working on developing a needs assessment from different mosques in the region for the MENA community. She expressed some challenges/barriers getting into the community.

Gloria informed CCRD members CODIE can assist in providing ASL interpreting for the MENA population whenever needed.

Shirley Guzman | Latinx Community Liaison

Has a bachelors in human services from the University of Phoenix a MS Psychology with emphasis on Marriage and Family Therapy. She has worked in the Public Education for 21 years. Most recently she was a Resource Case Coordinator for Special Education at PSUSD. Her goals include to link individuals to mental health resources, remove barriers, and empower Latinx/Hispanic population to advocate for themselves when seeking services.

Hazel Lambert | African American Community Liaison

She was previously the Program Director for the long-term care Ombudsman Program for Riverside. She was also the Program Manager for the long term care for San Bernardino. She is also a life and mental health coach. Hazel has also been a member of AAFWAG for a number of years. Her goal is to really go in and gain the trust of the African American Community. She is finding that there are a lot of services the county offers that are not known in the community.

Dr. Ernelyn Navarro | Asian American & Pacific Islander Community Liaison

Has a BA in Social Ecology, Masters of Social Work and is a Doctor of Management, UOP and has multiple certificates and credentials. Has been part of the FAMHRC as a volunteer for the last couple years providing workshops and pro bono services. Her vision for the AATF Committee is for the committee to adopt a collective impact model as a "...way of working together and sharing information for the purpose of solving complex problems." Looking to build on what Gladys has done. Hoping to develop a shared vision

Kevin Phalavisay | LGBTQ+ Community Liaison

Kevin is a non-binary community member of Riverside. He began working in the community through joining GSA (Gay Straight Alliance). He has a BA in Psychology from UCR. He has worked as a crisis counselor, did outreach, case management and has given psycho-educational classes. He is looking forward to re-energizing the community and getting people excited to join CAGSI. Kevin highlighted how there is still some work to be done with the LGBTQ+ youth. Would like to latch on to the youth demographic.

Benita Ramsey | Spirituality Community Liaison

	<p>Benita was previously the consultant for the LGBTQ+ community. They are spiritual director, a justice and cultural strategist. They are also a spoken word artist and 5th generation Pentecostal style preacher. They are invested in connecting with other cultural communities, their faith, practices, traditions and leaders.</p> <p>Interviews are still in progress for Deaf and Hard of Hearing.</p> <p>Updates from the liaisons will be given on a continual basis.</p>	
V. COMMITTEE UPDATE	<p>AAFWAG's "Each One Reach One" is November 17 2pm-5pm where they'll have community partners sharing the services they provide on wellness.</p> <p>AATF will be meeting every other month on the 2nd Tuesday from 3:30pm-5pm. Dr. Ernelyn invited all CCRD members to attend the meeting.</p> <p>CAGSI Kevin announced he will be taking over CAGSI and is looking for a Co-Chair to help refine the focus for the upcoming year. Asked the group to fill out a survey to let him know what CAGSI can improve on. CAGSI will reconvene in January 2022.</p>	
VI. COMMUNITY ANNOUNCEMENTS AND CLOSING	<p>Shirley shared that she attended the Dia de Los Muertos event with Glenis. Resources were shared with the community at the event. Some people from different agencies who are in need of resources stopped by to get more information.</p> <p>Luz announced the County's Meals on Wheels and Parenting Class for more information contact Luz Negrón at (951)358-5862. She also shared an event on The Annual Day of Inclusion taking place at Camp Anza 5797 Picker St. Riverside, 92503 at 2pm-4pm</p> <p>Joel shared about PEARLS, a Prevention and Early Intervention Program that target seniors 60+ who are at risk of depression. He expressed an interest in presenting about PEARLS to CCRD.</p> <p>Stephany Quiroz shared about a class serving moms in the Inland Empire to help with their emotional well being. Any questions or more information stephany@we-reachout.org (909)982-8641</p> <p>Selena Lomeli from Connect IE shared on Connect IE, for more information contact slomeli@iscuw.org (951)329-4733 and visit https://connectie.org/ and https://www.facebook.com/ConnectIE.org</p> <p>Glenis shared about Parent Support and Training Program. If any members present would like to know more information or would like a presentation reach out at GUlloa@ruhealth.org</p>	
VII. NEXT MEETING	The next meeting is scheduled for <i>Wednesday, December 8, 2021</i>	
ADJOURNMENT	With no further items to discuss, the meeting adjourned at 10:46am.	

CULTURAL COMPETENCY REDUCING DISPARITIES (CCRD) COMMITTEE

October 13, 2021

Meeting Minutes

MEMBERS PRESENT:	MEMBERS PRESENT:	GUESTS PRESENT:
Abigail Gadazo , Digital Outreach Coordinator, FAMHARC Carlos Lamadrid , RUHS-BH, Cultural Competency Dakota Brown , Peer Support Specialist, Help@Hand, RUHS-BH Dr. Ernelyn Navarro , Cultural Liaison, Asian/Pacific Islander Community Dylan Colt , Consumer Affairs, RUHS-BH Eva Zamora , Education and Outreach, Inland Caregiver Resource Center Glenis Ulloa , Senior Parent Partner, RUHS-BH, Cultural Competency Gloria Moriarity , Lead Advocate, Center of Deafness Hazel Lambert , Cultural Liaison, African American Community Isaias Sanchez , Representative, TrueCare James Jo , Joshua Koherly , TAY Specialist, Western Region Administration Kevin Phalavisay , Cultural Liaison, LGBTQ+ Community Linda Hart , African American Health Coalition Luz Negron , Parent Support, RUHS-BH Maria Martha Moreno , Admn. Service Manager, Help@Hand, RUHS-BH	Marina Lopez , Community Relations Manager, Community Health Systems Melissa Vasquez , Peer Support Specialist, RUHS-BH Michael Angulo , Behavioral Health Specialist III, RUHS-BH Mita Beach , Trans Navigator, Borrego Health Nichole Dongo , FAMHRC Nisha Elliot , TRAC Team, RUHS-BH Reverend Benita Ramsey , Cultural Liaison, Spirituality Community Selena Lomeli , Connect IE Outreach Coordinator, Inland SoCal United Way Selenne Contreras , Office Assistant III, Cultural Competency, RUHS-BH Shirley Guzman , Cultural Liaison, Latino/Latina Community Sylvia Bishop , Secretary, Cultural Competency, RUHS-BH Taide Arias , Staff Development Officer, WET, RUHS-BH Tondra Hill , Social Services Planner, RUHS-BH Toni Robinson , Program Manager, Cultural Competency, RUHS-BH Vernon Motchman , Riverside-San Bernardino County Indian Health, Inc.	Brittany Alvarez , ASL Interpreter, RISE Interpreting Joan Bruyninckx , ASL Interpreter, RISE Interpreting Cosme Cordova , Owner & Coordinator, Division 9

ITEM	DISCUSSION	ACTION
I. CALL TO ORDER	Toni Robinson called the meeting to order at 9:03am	
II. MEETING MINUTES	The committee reviewed meeting minutes for <i>September 8, 2021</i>	Luz moved to approve. Gloria second.
III. PRESENTATION: DIA DE LOS MUERTOS AND GRIEF	<p>Guest speaker Cosme Cordova, an artist and owner of Division 9 Art Gallery presented on his Dia de Los Muertos event he and volunteers put together every year in Downtown Riverside. Although Dia de Los Muertos is celebrated on November 1st, the event is going to be held in person, November 6th. They will have a parade starting from Tio's Tacos at 6:30pm. Altars will be open for viewing at White Park.</p> <p>Dia de Los Muertos is a day to celebrate life of those who have passed on. Alters are created at home displaying photographs, memorabilia, food and other things that the loved one enjoyed when they were alive.</p> <p>Dr. Ernelyn Navarro shared a Filipino holiday similar to Dia de Los Muertos called <i>Undas</i>. She expressed that undas is also an opportunity to open the dialogue about death and dying. She added that it is also an opportunity to be able to help people in regards to mental health. Maria thanked Dr. Ernelyn for sharing as Dia de Los Muertos for her brings about healing unity and reflection.</p>	

IV. UPDATE ON CULTURAL COMMUNITY LIAISONS	Toni announced we have 6 of the 9 community liaisons on board. They will introduce themselves at our next CCRD meeting. We are still in the interview process for the Deaf and Hard of Hearing, Native American and Disabilities Community. A formal welcoming will be given at the November CCRD meeting.	
V.COMMITTEE UPDATES	Hazel announced AAFWAG will be meeting in November 17 th where an event will be held. Willl be giving up additional information.	
VI. COMMUNITY ANNOUNCEMENTS AND CLOSING	<p>Filipino American History Month Celebration in Lake Perris. FAMHRC will be having an information booth Lot #8 10/16 at 10am</p> <p>Maria Martha Moreno shared a Help@ Hand report. The report is in regards to the billboard marketing. 32 kiosks were installed in the clinics. She also shared the survey given in the kiosk after each clinic visit available in both English and Spanish. Dr. Ernelyn expressed the need for the kiosks to provide surveys in other languages such as Mandarin.</p> <p>Kevin shared a resource from TruEvolution. TruEvolution provides HIV testing and mental health services. They also provide a support group for people in the LGBTQ+ who have experienced domestic violence. The groups are available in both English and Spanish. Open to people who do and/or do not have health insurance. For more information: https://www.truevolution.org/support-groups</p> <p>Luz shared about two donations opportunities: Holiday Meals for Families and Virtual Snowman Project. For Holiday Meals will be accepting grocery or restaurant gift cards beginning Monday November 8th through November 18th, 9am until 4:30pm. Unwrapped gifts will be accepted now through December 16th. These can be dropped off at 3075 Myers St. Entrance 1, Riverside, CA 92503.</p> <p>Connect IE is having a webinar October 20th at 10am for all social and health providers</p> <p>Taide announced the trainings open to all community partners.</p> <ul style="list-style-type: none"> • Effective Suicide and Crisis Intervention Using Telehealth 1/11 10:00am-11:30am • Self Care 1/18 & 1/25 10:00am-11:30am • Talking about Race & Racism with Clients: Challenges, Benefits & Strategies for Fostering Meaningful Dialogue 2/7 10:00am-11:30am • 42 CFR Part 2 3/3 8:45am-12:00pm • Overcoming Compassion Fatigue 3/7 10:00am-11:30am <p>Most of the training offer CE's with the exception of Self Care and Compassion Fatigue. More information will follow. To get more information and be added to the distribution list contact Manuel Pondivida: MPondivida@ruhealth.org</p>	Toni to connect with Dr. Ernelyn about providing the kiosk surveys in Mandarin.
VII. NEXT MEETING	The next meeting is scheduled for <i>Wednesday, November 10, 2021</i>	
ADJOURNMENT	With no further items to discuss, the meeting adjourned at 10:25am.	

CULTURAL COMPETENCY REDUCING DISPARITIES (CCRD) COMMITTEE

September 8, 2021

Meeting Minutes

MEMBERS PRESENT:	MEMBERS PRESENT:	GUESTS PRESENT:
Alicia Hermosillo , Sr. MH Peer Support Specialist, RUHS-BH Angel Marin , Borrego Health April Jones , District MFT, RUHS-BH Brenda Scott , Executive Director, NAMI Mt.San Jacinto Carlos Lamadrid , RUHS-BH, Cultural Competency Dakota Brown , Peer Support Specialist, Help@Hand, RUHS-BH Dr. Pierre Scott , Staff Development Officer, MHSA, RUHS-BH Elvira Herrera , Domestic Violence Advocate Esteban Solis , MSW Inter, Cultural Competency, RUHS-BH Eva Zamora , Inland Caregiver Resource Center Glenis Ulloa , Senior Parent Partner, RUHS-BH, Cultural Competency Gloria Moriarity , Lead Advocate, Center of Deafness Hazel Lambert , Program Director, Long-Term Obudsman Program Jackie Osuna , Community Mental Health Promoter, RSBCIHI Janelly , Inland Caregiver Resource Center Katie McClenndon , CEO, Families Achieving Success Lila Vicente , Community Mental Health Promoter, RSBHCIIH	Linda Hart , African American Health Coalition Maria Martha Moreno , Admn. Service Manager, Help@Hand, RUHS-BH Marina Lopez , Community Relations Manager, Community Health Systems Marco Juarez , Prevention Educator, RSBCIHI Melissa Vasquez , Peer Support Specialist, RUHS-BH Mila Banks , Secretary, PVFAA, FAMHRC Michael Angulo , Behavioral Health Specialist III, RUHS-BH Phyllis Clark , Healthy Heritage Reverend Benita Ramsey , RPYA Ryan Natividad , Program Coordinator, Public Health Selena Lomeli , Connect IE Outreach Coordinator, Inland SoCal United Way Stephany Quiroz , Family Wellness Facilitator, Reach Out Sylvia Bishop , Secretary, Cultural Competency, RUHS-BH Tondra Hill , Social Services Planner, RUHS-BH Toni Robinson , Program Manager, Cultural Competency, RUHS-BH Vernon Motchman , Riverside-San Bernardino County Indian Health, Inc. Luz Negron , Parent Support, RUHS-BH	Amy Hart , ASL Interpreter, RISE Interpreting Joan Bruyninckx , ASL Interpreter, RISE Interpreting Bethany Villatoro ,

ITEM	DISCUSSION	ACTION
I. CALL TO ORDER	Toni Robinson called the meeting to order at 9:07am	
II. MEETING MINUTES	The committee reviewed meeting minutes for <i>July 14, 2021</i>	Sylvia moved to approve the minutes. Tondra second.
III. A PRESENTATION ON NATIVE AMERICAN CULTURE AND RESILIENCY	<p>Carlos gave a presentation on Native American Culture and Resiliency covering topics such as: indigenous resilience, indigenous trauma, and intergenerational trauma.</p> <p>He briefly shared a documentary called “We Are Birds: A California Story” By Albert Chacon & Larisa Broyles Chacon: https://vimeo.com/153072118</p> <p>Luz asked How can non-Natives participate in celebrations? Carlos brought to our attention that there is a respect to the community and the elders. We should pay attention to the protocols of the events non-Native plan to attend.</p> <p>Gloria shared a story of her experience with finding out that she has a Native tribe to the Dominican Republic in her DNA. She shared that it is wonderful to see the Native customs alive. Carlos then highlighted the importance that comes with learning about the cultures.</p>	

	<p>Maria Martha Moreno shared an info graphic for the members to share with the Native American Culture. She asked Carlos to provide some feedback.</p>	<p>Maria requested feedback from Carlos on the infographic.</p>
<p>IV. SUICIDE AWARENESS WEEK</p>	<p>Dr. Pierre Scott shared gave a presentation on Suicide Prevention week:</p> <p style="text-align: center;">September 5-11, 2011 World Suicide Prevention Day is September 10, 2011.</p> <p>He shared some activities available on suicideispreventable.org. This year a journal outreach minikit. Mental health thrive kit includes a notebook, sticker-sheet and bookmark, for educators there toolkits as well. There will be bilingual activities as well, a Spanish Outreach kit which includes a tradition game called Loteria. The online Activation Kit Includes: activity guide, social media posts, suicide prevention week poster, digital banners, drop-in articles, daily email blasts, crossword puzzle, trivia gamem and other activities, suicide prevention 101 slides. Also available in Spanish.</p> <p style="text-align: center;">https://www.Suicideispreventable.org/prevention-kit.php</p> <p>Online Resources for schools, parents, and youth to bring awareness to Suicide Prevention:</p> <ul style="list-style-type: none"> • Work with you to host a Suicide Prevention Activity. • Host a What I Wish My Parents Knew Event to educate parents. • Engage youth by creating a film or art project about suicide prevention • Create a Suicide Prevention hand-out and distribute to all staff • Complete the Postvention checklist for your school <p>This year, pharmacists can also be partners in suicide prevention by: sharing information with their members, attend webinars and training with CEUS, and attend local activations activities.</p> <p>Riverside has released a calendar featuring local events and activities centered on suicide prevention.</p> <p>https://up2riverside.org/support-suicide-prevention-awareness/ https://up2riverside.org/es/prevencion-de-suicidios/</p> <p>for more information or questions please email: PEI@ruhealth.org</p>	
<p>V. OUR FOCUSES</p>	<p>Toni went over the Cultural Competency Themes of 2021-2022.</p> <p>What matters most when working with inappropriately served populations to eliminate barriers to access?</p> <p style="text-align: center;"><i>Identifying the immediate need of that particular population.</i></p>	

	<ul style="list-style-type: none"> • Approaching the population with openness, humility, and empathy • Culturally Informed Services • Empowerment and Advocacy • Hearing the voice of the community • Linguistic Equity • Stigma Reduction • Trauma Informed Services <p>Toni is planning to have the meetings be more conversational so that we are able to collaborate with other groups and organizations. The goal is to be more community engaging and want to partner with everyone including internal groups.</p> <p>Cultural Competency Populations 2021-2022</p> <ul style="list-style-type: none"> • African American/Black • Asian-American/Pacific Islander • Deaf and Hard of Hearing • Latino/Latina/Latinx/Hispanic-American • Lesbian, Gay, Bisexual, Transgender, Questioning/Queer, Intersex, Asexual + • Middle Eastern American/North African American • Native-American/American India • People with Disabilities • Spirituality/Faith-Based • Veterans <p>Toni would like to work with everyone collaboratively. There may also be some intersectionality between the groups.</p> <p>Toni expressed the need for a liaison for the following populations: Deaf and Hard of hearing, Native American/American India, and People with Disabilities.</p>	<p>Selenne to share the community liaison position description.</p>
VI. COMMITTEE UPDATE	<p>AAFWAG</p> <p>In the works of hosting an event in October: Express Yourself Beautiful Black Man Part III</p> <p>CAGSI</p> <p>They are preparing for Palm Springs Pride for November.</p>	
VII. COMMUNITY ANNOUNCEMENTS AND CLOSING	<p>Deaf Awareness Month is this month, Everything is virtual and will be posting a lot of video blogs on Instagram, YouTube and Facebook. The deaf community of riverside has their own Facebook page and will be posting their own content, posts, and events. Sign Language awareness week is also going to be on September 23-30. They will be showing different international sign languages.</p>	

	<p>Visit: https://deafcommunityofriverside.org/ and https://www.facebook.com/groups/383881545504896/ for more information.</p> <p>Mila shared an event happening this Friday September 10 at 5:30pm-9:30pm for the Filipino American Mental Health Resource Center for their 1st Fundraising Gala. The Gala will celebrate the 5th anniversary of FAMHRC</p> <p>Families Achieving Success is hosting their women support group the first Tuesday of every month. Anyone in the Val Verde School district the 20th of September they will be doing a suicide awareness Youth Programs for the African American youths are starting back up such as BRAAF, and Peach Club for all populations. Katie encouraged that they share this information with anyone since they are starting the programs soon. If anyone is interested please go to www.FAStogether.com</p> <p>Luz Negron shared:</p> <ul style="list-style-type: none"> • Tamale Festival, Saturday September 18. International day of peace is on September 18th and one can register here: https://us06web.zoom.us/join/9tZ0lcuCqgDsrE9PgksP-GwM5gBAusraKu9GM • Moon Festival, September 21st at the Heritage House in Riverside for more information visit: https://www.eventbrite.com/e/moon-festival-at-heritage-house-tickets-158660671339 • Morongo Pow Wow is September 24-26 more information visit: https://www.morongopowwow.com <p>She encouraged members in their leisure time to volunteer at the Sherman Indian Museum. The museum is in need of volunteers to file historical documents.</p> <p>Brenda Scott from NAMI, National Alliance of Mental Illness is holding their 16th Annual Walk. It will be virtual with an in-person component, October 9th. Encourage members to participate and make a sign. October 9 is also the national day of Hope. NAMI's website: www.nami.org</p> <p>Stephany Quiroz from reach out announced a "Mamas y Bebes" program. Classes are virtually held in Spanish and English. They offer it to anyone in the Inland Empire. She also shared about a collaborative that meets every first Tuesday of the month. More information: https://www.jurupavalley.org/329/Healthy-Jurupa-Valley-Community-Meetings Any questions and comments can be sent over to: stephany@we-reachout.org 951-394-3083</p> <p>Linda Hart hartl.aamhc@gmail.com at the African American Mental Health Coalition is working together with the DEA to bring in support services when it comes to fentanyl in Riverside. AAMHC will be sitting in a committee for an event happening October 19th. More information about this event will follow.</p>	<p>Brenda to send more information to Selenne.</p> <p>Flyer to be sent out and posted by Selenne.</p> <p>Linda to send more information to Selenne.</p>
--	--	---

	<p>Eva Zamora with Inland Caregiver Resource Center are still doing their virtual support groups. She asked the members if anyone would like to present on their organization they can reach out to her.</p> <p>Selena Lomeli, Connect IE is a 24/7 interactive website helping connect people to social service. If you'd like to update information on your program on the website you can reach out to her at: slomeli@iscuw.or 951-329-4733 https://www.facebook.com/ConnectIE.org/</p>	<p>Linda Hart to reach out to Selena in regards to connecting with her.</p>
VIII. NEXT MEETING	CCRD is dark for August. The next meeting is scheduled for <i>Wednesday, October 13, 2021</i>	
ADJOURNMENT	With no further items to discuss, the meeting adjourned at 10:22am	

CULTURAL COMPETENCY REDUCING DISPARITIES (CCRD) COMMITTEE

July 14, 2021

Meeting Minutes

MEMBERS PRESENT:	MEMBERS PRESENT:	GUESTS PRESENT:
Alicia Hermosillo , Sr. MH Peer Support Specialist, RUHS-BH Angel Marin , Borrego Health Brenda Scott , Executive Director, NAMI Mt.San Jacinto Carlos Lamadrid , RUHS-BH, Cultural Competency Dakota Brown , Peer Support Specialist, Help@Hand, RUHS-BH Dr. Pierre Scott , Staff Development Officer, MHSA, RUHS-BH Glenis Ulloa , Senior Parent Partner, RUHS-BH, Cultural Competency Gloria Moriarity , Lead Advocate, Center of Deafness Jackie Osuna , Community Mental Health Promoter, RSBCIHI Janelly , Inalnd Caregiver Resource Center Jasmine Castillo , Community Health Promoter, RSBCIHI Joshua Korhely , Senior Peer Specialist Children's, TAY, RUHS-BH	Katie McClendon , CEO, Families Achieving Success Mila Banks , Secretary, PVFAA, FAMHRC Nisha Elliott , TRAC Team, RUHS-BH Phyllis Clark , Healthy Heritage Rachel Douglas , Senior Parent Partner, RUHS-BH Selena Lomeli , Connect IE Outreach Coordinator, Inland SoCal United Way Sylvia Bishop , Secretary, Cultural Competency, RUHS-BH Tondra Hill , Social Services Planner, RUHS-BH Toni Robinson , Program Manager, Cultural Competency, RUHS-BH	John Cogswell , ASL Interpreter, RISE Interpreting Jessica Dupont , ASL Interpreter, RISE Interpreting

ITEM	DISCUSSION	ACTION
I. CALL TO ORDER	Toni Robinson called the meeting to order at 9:06am	
II. MEETING MINUTES	The committee reviewed meeting minutes for <i>June 9, 2021</i>	Tondra moved to approve minutes. Sylvia second.
III. NEW YEAR PLANNING	<p>July is the beginning of the fiscal year. Toni asked the members, "What matter most when working with inappropriately served populations to eliminate barriers to access? They were then grouped into categories.</p> <p style="text-align: center;"><i>Identifying the immediate need of that particular population.</i></p> <p>Stigma Reduction</p> <ul style="list-style-type: none"> • Stigma • Stigma reduction through identification as a particular group <p>Approaching the population with openness, humility, and empathy</p> <ul style="list-style-type: none"> • Understanding the barriers • Cultural Competence • Understanding the population culture and upbringing • Cultural humility • Acceptance: meeting them where they're at • Connection and communication • Knowledge of their culture, traditions and values <p>Hearing the voice of the community</p> <ul style="list-style-type: none"> • Listening skills • Talking to targeted community • Hearing the needs of the community 	

	<ul style="list-style-type: none"> • Building and establishing rapport/relationship • Gaining the community's trust <p>Linguistic Equity</p> <ul style="list-style-type: none"> • Providing services in their language • Appropriate and culturally relevant language in printed and verbal instructions • Language <p>Trauma Informed Services</p> <ul style="list-style-type: none"> • Toxic Family Patterns • Understanding Trauma • Breaking down destructive cycles <p>Culturally informed services</p> <ul style="list-style-type: none"> • Changing Department Policies and Procedures to be equitable • Easy or more convenient access to resources and services • Ensure that we are providing culturally appropriate services • Developing and Providing Resources that meet their unique needs • Knowing that populations history (reasons they might mistrust the “system” or services) <p>Empowerment and Advocacy (speaking up for them and allowing them to speak up for themselves)</p> <ul style="list-style-type: none"> • Partnering with community to allow them to have agency ad action toward making changes • Being a voice for the underserved population • Representative <p>These points will be the focus of the year.</p>	
IV. UPDATE ON CULTURAL COMMUNITY LIAISONS	<p>Cultural Competency is in the process of hiring the cultural community liaisons. They have made some selections. However, there is still a need for the Deaf and Hard of Hearing community. CODIE has created a posting and will share with their contacts to help the recruitment process.</p> <ul style="list-style-type: none"> • Asian Community — Ernelyn Navarro • Latinx — Shirley Guzman • LGBTQ — Kevin Phalavisay • Middle Eastern — Riba Eshanzada • Native American — Marcelina Shackelford • Spirituality – (sending out the offer later today) <p>** Liaisons will be coming on board soon.</p>	
V.COMMITTEE UPDATES	<p>AAFWAG</p> <ul style="list-style-type: none"> • <i>Express Yourself Beautiful Black Man</i> Part 3 event is in the works and may take place in November. <p>AATF</p> <ul style="list-style-type: none"> • Preparing for HOPE Suicide Prevention <p>CAGSI</p>	

	<ul style="list-style-type: none"> Tondra shared about the Pride event. The event was very successful 	
VI. ANNOUNCEMENTS AND CLSOING	<p>Filipino American Mental Health Resource Center</p> <ul style="list-style-type: none"> sponsoring a workshop featuring Fatima Bustos-Choy, PhD Saturday July 24 <p>Take My Hand has launched the Bus Wraps promoting the Take My Hand live peer chat in the rural areas of the desert. The bus wraps are available in both Spanish and English.</p> <p>Selena from Connect IE platform works with community based programs. She announced that if your organization isn't listed on the platform let her know and is available to provide presentations on how to best utilize the platform</p> <p>Luz Negron announced the parent support program that are free online and available in English and Spanish. For more information contact: 951-358-5862</p> <p>Luz also announced if anyone would like to collaborate for the backpacks this holiday season to contact Rachel Douglas at 951-358-5862</p> <p>She also announced events and activities:</p> <ul style="list-style-type: none"> New Riverside City Library Riverside Chili Cook-off, September 4th Tamale Festival, September 18 Day of the Dead Celebration, First Saturday of November <p>Families Achieving Success is starting the registration for a few of their programs such as BRAAF, Peach Club, Women's Support Group for more information visit: https://fastogether.com/</p>	
VII. NEXT MEETING	CCRD is dark for August. The next meeting is scheduled for <i>Wednesday, September 8, 2021</i>	
ADJOURNMENT	With no further items to discuss, the meeting adjourned at 10:58am	

CULTURAL COMPETENCY REDUCING DISPARITIES (CCRD) COMMITTEE

June 9, 2021

Meeting Minutes

MEMBERS PRESENT:	MEMBERS PRESENT:	GUESTS PRESENT:
Alicia Hermosillo , Sr. MH Peer Support Specialist, RUHS-BH Amenze Ogbemor , Sr. Clinical Therapist, RUHS-BH Angel Marin , Borrego Health Aurelio Sanchez , Veterans Services Liaison, RUHS-BH Brenda Scott , Executive Director, NAMI Mt.San Jacinto Carlos Lamadrid , RUHS-BH, Cultural Competency Dakota Brown , Peer Support Specialist, Help@Hand, RUHS-BH Shor Denny , CEO, Community Now Dr. Pierre Scott , Staff Development Officer, MHSA, RUHS-BH Dr. Vernita , Dylan Colt , Consumer Affairs, RUHS-BH Ellen Agonoy , Resource Center Ginger Galloway , Program Director, Women Achieving Success Gladys Lee , LCSW, Consultant Glenis Ulloa , Senior Parent Partner, RUHS-BH, Cultural Competency Gloria Moriarity , Lead Advocate, Center of Deafness Jasmine Castillo , Community Health Promoter, RSBCIHI Joshua Korhely , Senior Peer Specialist Children's, TAY, RUHS-BH	Katie McClendon , CEO, Families Achieving Success Maria Martha Moreno , Admn. Service Manager, Help@Hand, RUHS-BH Maria Rramirez , Community Mental Health Promoter, SBCIHI Melissa Vasquez , Peer Support Specialist, RUHS-BH Mila Banks , Secretary, PVFAA, FAMHRC Mita Beach , Trans Navigator, Trans Health, Borrego Health Nisha Elliott , TRAC Team, RUHS-BH Rachel Douglas , Senior Parent Partner, RUHS-BH Reverand Benita Ramsey , Cultural Consultant LGBTQ Community Ryan Natividad , Program Coordinator, Public Health Selena Lomeli , Connect IE Outreach Coordinator, Inlan SoCal United Way Selenne Contreras , Office Assistan III, RUHS-BH, Cultural Competency Terry Selwyn , Mentor, Families Achieving Success Tondra Hill , Social Services Planner, RUHS-BH Toni Robinson , Program Manager, Cultural Competency, RUHS-BH Trina Dunkley , Clinical Therapist, Families Achieving Success Vernon Motchman , Riverside-San Bernardino County Indian Health, Inc.	Amy Y. , ASL Interpreter, RISE Interpreting Jessica Dupont , ASL Interpreter, RISE Interpreting Michelle Martinez , US Air Force Veteran, Peer Support Specialist, VA Loma Linda Healthcare System

ITEM	DISCUSSION	ACTION
I. CALL TO ORDER	Toni Robinson called the meeting to order at 9:02am	
II. MEETING MINUTES	The committee reviewed meeting minutes for <i>May 12, 2021</i>	
III. PTSD AWARENESS MONTH	<p>In honor of PTSD Awareness Month, Michelle Martinez presented on the VA Mental Health Service.</p> <p>Michelle presented on how they serve veterans. Both Michelle Martinez and Aurelio serve at risk veterans. Some of the VA Mental Health Services are: Primary Care Mental Health Integration (PCMHI), Recovery Orientated Care, MHICM, PRRC, and Dual Diagnosis (CORE, and Transition and Care Management (TCM), PTSD (PCT), Peer Support Services, Compensate Work Therapy (CWT), Intimate Partner Violence (IPV), Acute Psychiatric Inpatient Care (2NE), Outpatient Care and traditional care VA Center</p> <p>Specialized services include: amputation care, blind rehabilitation services, environmental exposure care, military sexual trauma counseling, polytrauma/traumatic brain injury care, post-deployment health care, PTSD, Prosthetic and Sensory Aid Services, Readjustment counseling, Spinal Cord Injury Care, Substance Abuse Care</p> <p>Michelle also touched on the common mental health challenges Veterans face such as PTSD, Depression, Anxiety, chronic pain among others.</p>	

	<p>The VA also helps house veterans and it comes in a form of section 8. The VA has its own section 8 housing.</p> <p style="text-align: center;">Michelle Martinez Certified Peer Support Specialist 909-787-4601 Michelle.Martinez9@va.gov For more info: www.va.gov</p> <p>Aurelio Sanchez, a Retired U.S Navy Senior Chief, and Cultural Competency’s Veterans Services Liaison, shared his experience, briefly, with PTSD. He also shared how he serves the Veterans he works with.</p>	
IV. PRIDE MONTH	Reverend Benita presented about Pride Month, its history, and shared outreach strategies. They also touched on the stigma, shame, toxic stress leading to marginalization and violent outcomes that comes with being part of the LGBTW+ community.	
V. A SPECIAL THANK YOU	Toni Robinson announced the departure of Gladys Lee and Reverend Benita Ramsey. Gladys is retiring and Benita is handing off CAGSI to a new consultant. Toni invited everyone to the Behavioral Health Commission Meeting on Wednesday, July 7 th at 12:00pm where they will be recognized.	
VI. COMMITTEE UPDATES	<p>Tondra Hill gave a brief on the event sponsored by AAFWAG called, “Express Yourself Beautiful Black Man”</p> <p>Gladys Lee shared about AATF and the recognition presented with the Proclamation. She also shared about the event they hosted on May 26th. The next event is in September, the annual Suicide Prevention media outreach. Gladys thanked the members for their great work.</p> <p>CAGSI, Reverend Benita announced the Hemet Pride event on June 25th that will include both a youth and adult panel. They are also planning to prepare for the Pride event in November. It will take place in person in the city of Palm Springs.</p>	
VII. ANNOUNCEMENTS AND CLSOING	Maria Martha Moreno shared the interactive map of Take My Hand and the marketing campaign. The interactive map features the location of different billboards and kiosks located around Riverside County. The kiosks have iPads installed that will include resources such as Take My Hand, Help@Hand, among other resources.	
VIII. NEXT MEETING	The next meeting is scheduled for <i>Wednesday, July 14, 2021, 9:00 a.m.</i>	
ADJOURNMENT	With no further items to discuss, the meeting adjourned at 10:58am	

CULTURAL COMPETENCY REDUCING DISPARITIES (CCRD) COMMITTEE

May 12, 2021
Meeting Minutes

MEMBERS PRESENT:	GUESTS PRESENT:
Brenda Scott , Executive Director, NAMI Mt.San Jacinto Carlos Lamadrid , RUHS-BH, Cultural Competency Dr. Pierre Scott , Staff Development Officer, MHSA, RUHS-BH Dylan Colt , Consumer Affairs, RUHS-BH Gladys Lee , LCSW, Consultant Glenis Ulloa , Senior Parent Partner, RUHS-BH, Cultural Competency Gloria Moriarity , Lead Advocate, Center of Deafness Joshua Korhely , Senior Peer Specialist Children's, TAY, RUHS-BH Linda Hart , African American Health Coalition Maria Martha Moreno , Admn. Service Manager, Help@Hand, RUHS-BH Michael Angulo , Behavioral Health Specialist III, RUHS-BH Mita Beach , Trans Navigator, Trans Health, Borrego Health Reverand Benita Ramsey , Cultural Consultant LGBTQ Community Selena Mikes , Project Coordinator, Healthy Heritage Selenne Contreras , Office Assistan III, RUHS-BH, Cultural Competency Sylvia Bishop , Sectary, Cultural Competency, RUHS-BH Tondra Hill , Social Services Planner, RUHS-BH Vernon Motchman , Riverside-San Bernardino County Indian Health, Inc. Toni Robinson , Program Manager, Cultural Competency, RUHS-BH Eva Zamora , Inland Caregiver Resource Center Maria Ramirez , Community Health Systems, Inc. Nohemi Lopez , Trans Communication Specialist, Borrego Community Phyllis Clark , Healthy Heritage Ryan Natividad , Program Coordinator, Public Health Mila Banks , Secretary, PVFAA, FAMHRC Solinda Ly , Office Assistant II, RUHS-BH Katie McClendon , CEO, Families Achieving Success Alicia Hermosillo , Sr. MH Peer Support Specialist, RUHS-BH April Jones , District MFT, Hemet USD Luz Negron , Parent Support, RUHS-BH	Ginger Galloway , Program Director, Women Achieving Success Jackie Osuna , Community Mental Health Promotor, Riverside-San Bernardino County Indian Health, Inc. Rachel Douglas , Senior Parent Partner, RUHS-BH Diana Gutierrez , Administrative Services Manager, PEI, RUHS-BH

ITEM	DISCUSSION	ACTION
I. CALL TO ORDER	Toni Robinson called the meeting to order at 9:04am	
II. MEETING MINUTES	The committee reviewed meeting minutes for April 14, 2021	Gladys Lee moved to approve minutes. Tondra Hill second.
III. HOPE FOR CHANGE	Diana Gutierrez, Prevention and Early Intervention Manager gave a presentation on, <i>Hope For Change</i> , the focus of this year's May is Mental Health Month. In the month of May they are doing March community events and work with the community to provide services virtually. They have done	

	<p>the best to build on the virtual campaign that was started last year. Have done some weekly announcements. In the weeks of May activities were highlighted shared and she encouraged for people to share in their social media</p> <p>Mental Wellness kits will be provided for the community available on: https://up2riverside.org/ The toolkit includes a wellness journal and three wellness tip cards. They are also available in digital for free.</p>	
IV. HERITAGE AND HOPE	<p>Gladys gave a presentation on May is Asian Pacific American Heritage Month which pays tribute to the generations of Asian Americans and Pacific islander who have made contributions to America's history. She touched on the different groups classified as AAPI's or Asian American and Pacific Islanders. She gave a brief history and background of AAPI Heritage Month.</p> <p>Announced the May 26th Virtual Hope Event highlighting: hope, resilience and solidarity taking place May 26 from 3pm-5pm. She gave a brief background on why the theme of hope, resilience and solidarity which was the rise in AAPI hate. The virtual event will feature a brief history, entertainment, mental health tips and other activities.</p> <p>Toni thanked Gladys for the history she provided and including how the community stays strong.</p>	
V. COMMITTEE UPDATES	<p>Luz Negron reminded the group about the Juneteenth celebration in Riverside suggested that the more we celebrate the more we are stronger together.</p> <p>Gladys announced AATF is getting recognized by the Board of Supervisors. After May AATF will be participating in Suicide Prevention.</p> <p>Tondra announced the "Express Yourself Beautiful Black Man Part: II" taking place June 5th from 9am-2pm it will be highlighting the key issues surround the Black men of our communities.</p> <p>Rev. Benita announced CAGSI's plan for the Hemet Pride event coming up on June 25th featuring a youth panel and adult panel. CAGSI is sponsoring a summit on the weekend of Juneteenth beginning Friday, June 18th through Saturday, June 19th. They will be highlighting racism as a public health issue, racism and social justice, and including the LGBTQ+ community.</p> <p>Toni announced the Cultural Community Liaison positions that are open. The deadline to submit resumes has been extended.</p>	
VI. ANNOUNCEMENTS AND CLSOING	<p>Linda from the AAHC mental health outreach has continued and have been working with various community centers that have started opening up. Have continue to provide resources to individuals from food donations to providing more outreach.</p> <ul style="list-style-type: none"> • Borrego Health Virtual Trans Peer Support Groups Fridays 2:30pm-4:30pm and Mondays 3pm-4:30pm 	

	<ul style="list-style-type: none">• Families Achieving Success is hiring: Youth Development Workers, Program Facilitators and Bus Drivers (see attached for job details) send resume with cover letter to: info@fastogether.com• Tondra announced the innovations project called “Take My Hand.” Digital billboards will be going up soon on major highways.• Selena Mikes announced the free 8 week course called the “Broken Crayons Still Color” on Saturdays from 10am-12pm starting May 22nd ending on July 10th. This program is designed for African American women in the Riverside County seeking to develop mental health self-awareness and learning strategies to cope.	
VII. NEXT MEETING	The next meeting is scheduled for <i>Wednesday, June 9, 2021, 9:00 a.m. to 11:00 a.m.</i>	
ADJOURNMENT	With no further items to discuss, the meeting adjourned at 10:21am	

CULTURAL COMPETENCY REDUCING DISPARITIES (CCRD) COMMITTEE

April 14, 2021

Meeting Minutes

MEMBERS PRESENT:	GUESTS PRESENT:
<p>Angel Marin, Borrego Health Brenda Scott, Executive Director, NAMI Mt.San Jacinto Carlos Lamadrid, RUHS-BH, Cultural Competency Christopher Pitts, Mentor and Outreach, Families Achieving Success Dakota Brown, Peer Support Specialist, Help@Hand, RUHS-BH Dr. Pierre Scott, Staff Development Officer, MHSA, RUHS-BH Dr. Renda Dionne Madrigal, Licensure Clinical Psychologist, Mindful Practice, Inc. Dylan Colt, Consumer Affairs, RUHS-BH Gladys Lee, LCSW, Consultant Glenis Ulloa, Senior Parent Partner, RUHS-BH, Cultural Competency Gloria Moriarity, Lead Advocate, Center of Deafness Joshua Korhely, Senior Peer Specialist Children's, TAY, RUHS-BH Linda Hart, African American Health Coalition Maria Martha Moreno, Admn. Service Manager, Help@Hand, RUHS-BH Michael Angulo, Behavioral Health Specialist III, RUHS-BH Mita Beach, Trans Navigator, Trans Health, Borrego Health Reverend Benita Ramsey, Cultural Consultant LGBTQ Community Selena Lomeli, Connect IE Outreach Coordinator, Inland Social United Way Selena Mikes, Project Coordinator, Healthy Heritage Selene Contreras, Office Assistant III, RUHS-BH, Cultural Competency Sylvia Bishop, Secretary, Cultural Competency, RUHS-BH Tondra Hill, Social Services Planner, RUHS-BH Vernon Motchman, Riverside-San Bernardino County Indian Health, Inc.</p>	<p>Christopher Jueschke, ASL Interpreter, Rise Gabriela Gonzalez, Communication & Development Director, CDLF Ginger Galloway, Program Director, Women Achieving Success Jackie Osuna, Community Mental Health Promotor, Riverside-San Bernardino County Indian Health, Inc. Jasmin Castillo, Community Mental Health Promotor, Riverside-San Bernardino County Indian Health, Inc. Karina, CSUSB Graduate Marina Lopez, Community Relations Mgr, Community Health Systems, Inc. Rachel Douglas, Senior Parent Partner, RUHS-BH Reba Eshanzada, CIT Instructor, WET, RUHS-BH Taide Arias, Staff Development Officer, WET, RUHS-BH Terry Selwyn, Mentor, Families Achieving Success Trina Dunkley, Clinical Therapist, Families Achieving Success</p>

ITEM	DISCUSSION	ACTION
I. CALL TO ORDER	Toni Robinson called the meeting to order at 9:03am	
II. MEETING MINUTES	The committee reviewed meeting minutes for March 10, 2021	With corrections to the minutes Marina Lopez moved. Tondra second.
III. HAPPY RAMADAN	Riba Eshanzada gave a presentation about Ramadan which started April 13 th and will end May 12 th . She highlighted the importance of Ramadan. Ramadan is the month of fasting and is one of the 5 pillars of Islam. It is in the ninth month of the Islamic lunar. Riba highlighted the benefits of fasting such as protecting against neurodegenerative disease, reduce insulin, reduce risk of heart disease, lowers cholesterol, boost in metabolism, promotes longevity, and removes waste material in the body. She went over the religious benefits as well such as refining manners, acquiring patience, being more charitable, learning discipline, recognizing one can change, sense of unity, and drawing closer to God. She encouraged members to visit a mosque and visit www.whyislam.org for more information.	

	<p>Toni asked Riba to talk about some of the practices that can misconstrued for someone having an episode or behavioral health issue when doing a general intake. Riba brought up to the group's attention about some of the cultural clashes that Muslim inmates may experience. Muslim inmates are allowed to accept their food trays and save them during Ramadan. However, the medication component was different. Getting medication requested at a different time was a bit difficult as they couldn't save medication. Saving medication is a red flag for hoarding. She also mentioned how misdiagnoses of OCD happen. For example, before prayers, Muslims are to wash their hands. Another example, Muslim client may not make eye contact with someone of the opposite gender out of respect. Remembering these nuances can help us be culturally sensitive.</p>	
IV. NATIONAL DEAF HISTORY MONTH	<p>Gloria Moriarity, a community advocate from Center of Deafness Inland Empire or CODIE gave a presentation where she discussed National Deaf History Month celebrated from March 13th-April 14th. She shared about the famous deaf men and women in history such as Robert R. Davila, Eugene Hairston first deaf African American boxer, Claudia L. Gordon first deaf black female attorney, Juliette Gordon Low first deaf woman to establish the Girl Scouts.</p> <p>Gloria went over the different cultural labels given to the deaf community such as: deaf, hard of hearing, late deafened. It's not acceptable to say hearing impaired or deaf mute.</p> <p>There is a culture class among the deaf community. 90% of deaf children have hearing parents. Resources used to be scarce. But a law was passed where deaf families are able to be provided additional language resources. A law was passed and provide additional recourses language resources that are provided immediately to these families.</p> <p>CODIE provides communication services, advocacy services, job development and job placement. In addition, they provide peer counseling, independent living skills instruction, information community and education.</p> <p style="text-align: center;">CODIE 1737 Atlanta Avenue, Suite H3A Riverside, CA 92507 951-275-5000 952-802-5674 www.codie.org www.facebook.com/CODIE.RIV www.instagram.com/codie.riv</p>	
V. COMMITTEE UPDATES	<p>AAFWAG is planning an event for black men in June.</p> <p>AATF is holding their Annual Hope Event on May 26th. This year, AATF will be highlighting Asian American heroes and the current events surrounding the AAPI community.</p>	

	<p>CAGSI will be meeting to focus on planning for May is mental health month. They will also be planning for June pride month.</p> <p>Toni Robinson encouraged members to submit feedback for the MHSA plan.</p>	
VI. ANNOUNCEMENTS AND CLSOING	<p>Casa de La Familia hosts a radio program every Friday from 6pm-7pm in Spanish with Dr. Nogales on KTNQ 1020AM For more information go to: www.casadelafamilia.com Facebook: https://www.facebook.com/Casadelafamilia.org/ Website: https://casadelafamilia.org/ Instagram: @casadelafamila</p> <p>Luz reminded members of the Translation Committee available to translate documents. For more information contact Selenne Contreras at: secontreras@ruhealth.org</p> <p>She also shared about free Parent Support Training available virtually, offered in English and Spanish. For more information you can call: 951-358-5862</p> <p>Tamale Festival has been moved to September</p>	
VII. NEXT MEETING	The next meeting is scheduled for <i>Wednesday, May 12, 2021, 9:00 a.m. to 11:00 a.m.</i>	
ADJOURNMENT	With no further items to discuss, the meeting adjourned at 11:00am	

CULTURAL COMPETENCY REDUCING DISPARITIES (CCRD) COMMITTEE

March 10, 2021

Meeting Minutes

MEMBERS PRESENT:	GUESTS PRESENT:
<p>Alicia Hermosillo, Sr. MH Peer Support Specialist, RUHS-BH Amenze Ogbemor, Sr. Clinical Therapist, RUHS-BH April Jones, District MFT, Hemet USD Ben Rams, IEHP Brenda Scott, Executive Director, NAMI Mt.San Jacinto Carlos Lamadrid, RUHS-BH, Cultural Competency Christopher Pitts, Mentor and Outreach, Ramilies Achieving Success Dakota Brown, Help@Hand, RUHS-BH Dr. Renda Dionne Madrigal, Licencese Clinical Psychologist, Mindful Practice, Inc. Gladys Lee, LCSW, Consultant Glenis Ulloa, Parent Partner, RUHS-BH, Cultural Competency Joshua Korhely, TAY Specialist, Wester Region Administration Katie McClendon, CEO, Families Achieving Success Linda Hart, African American Health Coalition Luz Negron, Parent Support, RUHS-BH Maria Martha Moreno, Admn. Service Manager, RUHS-BH Marisela Blancas, Vision Y Compromiso Michael Angulo, Behavioral Health Specialist III, RUHS-BH Nisha Elliott, RUHS-BH, TRAC Team Nohemi Lopez, Trans Communication Specialist, Borrego Community Health Phyllis Clark, Healthy Heritage Reverand Benita Ramsey, Consultant Ryan Natividad, Program Coordinator, PH-EPE Selenne Contreras, Office Assistan III, RUHS-BH, Cultural Competency Sylvia Bishop, Secretary, Cultural Competency, RUHS-BH Tondra Hill, Social Services Planner, RUHS-BH</p>	<p>Brenda Martinez, Case Coordinator, Blindness Support Erika Geddes, ASL Interpreter, Rise Eva Zamora, Inland Caregiver Resource Center Gabriela Gonzalez, Communication & Development Director, CDLF Jackie Osuna, Joshua Polanco, Maria Ramirez, Community Menral Health Promoter, SB County Indian Health, Inc. Marina Lopez, Community Health Systems, Inc. Mita Beach, Trans Navigator, Trans Health, Borrego Health Rachel Douglas, Senior Peer Support Specialist, RUHS-BH Sara Groves, ASL Interpreter, Rise Selena Mikes, Healthy Heritage Sheri Parker, Alessandro HS, Hemet USD Stephany Quiroz, Mamas y Bebes Program Terry Selwyn, Mentor, Families Achieving Success Trina Dunkley, Director, Families Achieving Success</p>

ITEM	DISCUSSION	ACTION
I. CALL TO ORDER	Carlos Lamadrid called the meeting to order at 9:05am	
II. MEETING MINUTES	The committee reviewed meeting minutes for February 10, 2021	Amenze moved. Second by Martha
III. PARENT EDUCATION AND SUPPORTIVE SERVICES	<p>Glenis Ulloa senior parent with behavioral health and has children with special needs. Talked about the parent support training program. In the RivCo there are four types of peer support: Family Advocates, Parent Partners, TAY Program, and Consumer Affairs.</p> <p>A BH Peer Specialist/Parent Partner is a parent or caregiver, they have experience in navigating the mental health system, or is raising a child with a mental health diagnosis and/or behavioral challenge.</p>	

	<p>Parent Support and training program is a county wide non-traditional supportive behavioral health service for children and their families provided by behavioral health peer specialist/parent partners.</p> <p>Parent partners are in different locations throughout the county and participate in outreach. They are located at the Children’s Mental Health Clinics, Wraparound Programs, Family Wellness Center, TAY Centers, Daily Reporting Centers, and Juvenile Hall. They provide community outreach, county resources, trainings, donation of goods, support groups, special projects and volunteer opportunities. All the trainings are free even for people who do not live in this county.</p>	
IV. CULTURAL AWARENESS	<p>Luz Negron spoke about the Oso Negro Cultural Awareness Celebration Committee and was created to discuss cultural topics and its clinical implications for Riverside County consumers. The goal is to learn from different communities/cultural groups in Riverside County in order to provide culturally sensitive services to RUHS-BH consumers within Riverside County.</p> <p>Amenze Ogebor, a senior therapist, has been part of the Oso Negro Committee for about 8 years. In honor of women’s history month she gave a presentation on Women and Islam—originally presented by Maryam Agha and Soulaga Massoud. One of the main takeaways of the presentation was that Islam covers many lands with many diverse cultures and each Islamic nation has its own distinct culture. Another key takeaway is that the duty of every Muslim, male or female is to honor women, treat sons and daughters justly, and for males to provide support.</p> <p>Her presentation featured Anousheh Ansari, Ibtihaj Muhammad, and Benazir Bhutto who are all famous Muslim women.</p> <p>Amenze provided some wellness tools for Muslims:</p> <ul style="list-style-type: none"> • Naseeha.org • The Family and Youth Institute • https://hearttogrow.org • The Muslim Alliance for Sexual and Gender Diversity (MASGD) <p>Amenze made a call to action to honor the women in our lives by calling a grandparent, parent, and/or volunteering at a woman’s organization in honor of women’s history month.</p>	
V. ANNOUNCEMENTS AND CLOSING	<p>Nisha Elliott announced the next AAFWAG meeting March 17th at 10:00am.</p> <p>Gladys informed the members about the well-received AATF Annual Lunar Fest. The AATF Committee is currently getting ready for the MHSA Public Hearing. They are currently advocating to higher AAPI staff to serve the community and pushing for a pilot project where an Asian Family Clinic can be offered. Additionally, they advocating for bridge services. For example, offer 20 free session for counseling services if they don’t qualify for Medi-Cal. She also announced an upcoming event in May to promote mental health and understanding the AAPI community. The May event will</p>	

	<p>be chaired by Christiany Chan who works for the older adults and Dr. Andrew Subica. The next AATF meeting is April 13th.</p> <p>Maria did a quick update Riverside San Bernardino County has been doing vaccinations for the Native patients. They are in preparations for their first virtual GONA mini conference on March 24th. At the end of the month they are planning the annual paint night where they'll be talking about self-care.</p> <p>Stephany Quiroz announced a free training they offer provided for moms.</p> <p>Rev. Benita Ramsey gave an update for CAGSI. They'll be working with the transgender youth community to develop trainings. Trainings are going to occur over the next few months such as Transgender 101, a foundational workshop offered to community partners and staff. There is also going to be a more in depth training on how to provide services to the transgender community. IEHP is also offering training for clinical providers.</p> <p>Gabriela with Casa de La Familia announced they are providing telehealth services. They are also offering a sexual assault workshop series for the youth at no cost as well as provide no cost counseling for adults and youth of sexual assault. She also informed the group of a weekly radio show from 6pm-7pm for the Spanish speaking community where they can call and ask Psychologists questions. On Saturdays, they also host a Facebook live event at 11am where the community can write in via Casa de La Familia Facebook page.</p>	
VI. NEXT MEETING	The next meeting is scheduled for <i>Wednesday, April 14, 2021, 9:00 a.m. to 11:00 a.m.</i>	
ADJOURNMENT	With no further items to discuss, the meeting adjourned at 10:33am	

CULTURAL COMPETENCY REDUCING DISPARITIES (CCRD) COMMITTEE

February 10, 2021

Meeting Minutes

MEMBERS PRESENT:	MEMBERS PRESENT:	GUESTS PRESENT:
Alicia Hermosillo , Sr. MH Peer Support Specialist, RUHS-BH Amenze Ogbemor , Sr. Clinical Therapist, RUHS-BH April Jones , Hemet USD Brenda Scott , Executive Director, NAMI Mt. San Jacinto Carlos Lamadrid , RUHS-BH, Cultural Competency Cherylyn Klemens , Peer Specialist Trainee, RUHS-BH Christopher Pitts , Mentor and Outreach, Families Achieving Success Dakota Brown , Help@Hand, RUHS-BH Diana Brown , Administrative Services Manager, RUHS-BH Dr. Pierre Scott , Staff Dev. Officer, MHSA, RUHS-BH Dr. Renda Dionne Madrigal , Licensure Clinical Psychologist, Mindful Practice, Inc. Elena Weaver , Riverside-San Bernardino County Indian Health, Inc. Elvira Herrera , Behavioral Health Specialist, RUHS-BH Gladys Lee , LCSW, Consultant Glenis Ulloa , Parent Partner, RUHS-BH, Cultural Competency Gloria Moriarty , Center of Deafness Inland Empire Joshua Korhely , TAY Specialist, Western Region Administration Katie McClendon , CEO, Families Achieving Success Linda Hart , African American Health Coalition Luz Negron , Parent Support, RUHS-BH Maria Martha Moreno , Admn. Service Manager, RUHS-BH	Marina Lopez , Community Relations Manager, Community Health Systems Marisela Blancas , Vision Y Compromiso Michael Angulo , Behavioral Health Specialist III, RUHS-BH Mila Banks , Secretary, PVFAA, FAMHRC Nisha Elliott , RUHS-BH, TRAC Team Nohemi Lopez , Trans Communication Specialist, Borrego Community Health Pete Benavidez , Chief Executive Officer, Blindness Support Services Inc. Phyllis Clark , Healthy Heritage Rosalva Campos , Community Program Administrator, City of Indio Ryan Natividad , Program Coordinator, PH-EPE Selena Lomeli , Connect Riverside Selenne Contreras , Office Assistant III, RUHS-BH, Cultural Competency Solinda Ly , Office Assistant II, RUHS-BH Stephany Quiroz , Family Wellness Facilitator, Reach Out Suzanne Juarez Williamson , Supv. Research Specialist, MHSA, RUHS-BH Taide Arias , WET, RUHS-BH Tondra Hill , Social Services Planner, RUHS-BH Toni Robinson , Program Manager, RUHS-BH, Cultural Competency Vernon Motschman , Riverside-San Bernardino County Indian Health, Inc.	David Schoelen , Mental Health Services Administrator, RUHS-BH Desere Patterson , ASL Interpreter, Rise Interpreter Elizabeth Del Rio , Clinical Coordinator, CARES Line, RUHS-BH Jessica Dupont , ASL Interpreter, Rise Interpreter Sheree Summers , Administrative Services Manager, RUHS-BH

ITEM	DISCUSSION	ACTION
I. CALL TO ORDER	Toni Robinson called the meeting to order at 9:02am	
II. MEETING MINUTES	The committee reviewed meeting minutes for January 13, 2021	Amenze moved. Second by Martha
III. RUHS-BH CARES LINE	Elizabeth Del Rio from CARES line (Community Access Referral Evaluation and Support). CARES is an access line for consumers in Riverside County providing behavioral health and substance abuse screening offering 24hr assistance. Referrals are with Molina, Kaiser, and IEHP. They also collaborate with hospitals, jails and clinics to make sure consumers are linked to the needed services. <ul style="list-style-type: none"> 24/7 CARES Line: 1-800-499-3008 Gladys asked if there is an ethnic breakdown of the callers and if there are interpreter services available.	

	<p>CARES uses a translation service and the ethnic breakdown is done at the end of the consumer's screening.</p> <p>Luz asked if their brochure is available in Spanish and if the presentation is available in Spanish for community groups. There is a brochure available for the community in Spanish but not for the presentation given in the meeting.</p>	
IV. MENTAL HEALTH SERVICES ACT (MHSA)	<p>David Schoelen presented on the MHSA annual update highlighting the changes, updates, and what we can do moving forward. He indicated one of the essential components of the MHSA Plan is community collaboration. Community feedback is given all throughout the year from multiple sources. Feedback helps develop a plan submitted to the state in July. In April, the MHSA Plan is posted for public review and in May a public hearing is held.</p> <p>He highlighted how stakeholders are anyone in the Riverside County who has an interest in behavioral health in the county: individuals, churches, organization and/or anyone who has a vested interest in behavioral health in Riverside County. Stakeholder groups consists of the Behavioral Health Commission, regional mental health boards and subcommittees under the behavioral health commission.</p> <p>Introduced the 5 components of MHSA: Community Services and Support (CSS), Prevention and Early Intervention (PEI), Innovation (INN), Workforce Education and Training (WET), Capital Facilities and Technology (CFT).</p> <p>CSS is going through reorganization process and how it manages outpatient care.</p> <p>Diana spoke on Prevention and Early Intervention or PEI that has been actively operating through the pandemic. This past year, PEI has coordinated suicide prevention trainings, and community mental health promoter programs were launched.</p> <p>Toni spoke on the changes coming to Cultural Competency such as looking at all the ways to look at culture, adding a veterans services liaison, innovations moving under the Cultural Competency program, and new sub committees.</p> <p>Sheri presented on the updates for Workforce Education Training or WET. WET worked on creating an education and training team, coordinated trainings, offered residency/internship programs, financial incentives and development. Due to COVID, training and education functions have slowed down. However, the department purchased e-learning programs to give access to trainings virtually. This year WET created a case management training series.</p>	

	<p>David then spoke about the updates of the Capital Facilities and Technology or CFT that is designed to improve the infrastructure of public mental health services.</p> <ul style="list-style-type: none"> The MHSa plan can be found on: https://www.rcdmh.org/MHSA/MHSA-Plan-Update <p>Linda asked if the programs need to be evidence based through innovations and also asked if WET is in the high schools recruiting.</p> <ul style="list-style-type: none"> Toni answered that Innovations comes up with projects that haven't been done before and aren't evidence based. Sheri answered that WET is at career fairs in high schools, create internships and give classroom presentations. <p>Luz suggested to have a county Behavioral Health representative at Riverside City council meetings. Also, recommended to provide support for homeless at Rustin.</p> <ul style="list-style-type: none"> David mentioned he would pass the information along to the folks that would be able to make a decision on this and express Luz's concerns. <p>Gladys asked about the demographics of the interns.</p> <ul style="list-style-type: none"> Sheri provided these demographics: 37% graduated bachelor level professional student interns, 51% Spanish speaking, 51% identified as Latinx, 14% African American, 8% Asian or Pacific Islander, 14% were male and 86% female. 	
V. COMMITTEE UPDATES	<p>Interim consultant, Nisha Elliott gave an update on AAFWAG. AAFWAG will incorporate Nguzo Saba principles into mental health themes in the upcoming meetings.</p> <p>Linda Hart spoke on the event, "Express Yourself Beautiful Black Man," an event held by the African American Mental Health Coalition in collaboration with AAFWAG, where areas of need were identified. She is planning on meeting with David Shoelen and Toni Robinson to discuss these needs. She is also planning on following up with the panel featured in the event to deliberate on the specific needs of the black male population.</p> <p>The next AAFWAG meeting will be on February 17th, 2021 at 10:00am.</p> <p>Gladys Lee announced the AATF "Virtual Lunar Fest: A Journey to Hope, Wellness and Harmony" is being held February 10th at 2:00pm.</p> <p>CAGSI will be having a guest speaker at their next meeting on, February 16th at 2:30pm</p> <p>Taide shared the upcoming training opportunities:</p> <ul style="list-style-type: none"> 2/22 and 3/1 – Trauma and Eating Disorders: During a Pandemic 3/10 and 3/24 – Trauma and Parenting: During a Pandemic 	

	<ul style="list-style-type: none">- Training offer is 3 CEs based on attendance of both dates- To register, please visit, https://www.rcdmh.org/wet <p>Vernon Motschman shared COVID Vaccination held by RSBCIHI on Friday, February 12th and Saturday, February 13th, 8:00am-12:00pm at Morongo, Soboba, and San Manuel Clinic.</p>	
VI. NEXT MEETING	The next meeting is scheduled for Wednesday, March 10, 2021, 9:00 a.m. to 11:00 a.m.	
ADJOURNMENT	With no further items to discuss, the meeting adjourned at 11:03am	

CULTURAL COMPETENCY REDUCING DISPARITIES (CCRD) COMMITTEE

January 13, 2021

Meeting Minutes

MEMBERS PRESENT:	GUESTS PRESENT:
Carlos Lamadrid , RUHS-BH, Cultural Competency Dakota Brown , Help@Hand, RUHS-BH Dr. Pierre Scott , Staff Dev. Officer, MHSA, RUHS-BH Dr. Renda Dionne Madrigal , Licensed Clinical Psychologist, Mindful Practice, Inc. Gladys Lee , LCSW, Consultant Glenis Ulloa , Parent Partner, RUHS-BH, Cultural Competency Kimberly Macias , Intern, RUHS-BH Luz Negron , Parent Support, RUHS-BH Maria Martha Moreno , Adm. Service Manager, RUHS-BH Maria Ramirez , Office Assistant III, RUHS-BH Nisha Elliott , RUHS-BH, TRAC Team Novanh Xayarth , Children's Western Admin, RUHS-BH Children's Rachel Williams , CT, RUHS-BH Rev. Benita Ramsey , LGBTQ Task-Force Sheri Park , BHSS, Lehman Student Clinic-RUHS-BH Solinda Ly , Office Assistant II, RUHS-BH Suzanne Juarez Williamson , Supv. Research Specialist, MHSA, RUHS-BH Taide Arias , WET, RUHS-BH Tondra Hill , Social Services Planner, RUHS-BH Toni Robinson , Program Manager, RUHS-BH, Cultural Competency	Angel Marin , Borrego Health April Jones , Hemet USD Christopher Pitts , Outreach Coordinator, Women Achieving Success Elena Weaver , Riverside-San Bernardino County Indian Health, Inc. Estee Song , Program Coordinator, SSG Ginger Galloway , Program Director, Women Achieving Success Jon Brewer , Intern, RUHS-BH Katie McClendon , CEA, Women Achieving Success Linda Hart , African American Health Coalition Marina Lopez , Community Health Systems, Inc. Mila Banks , Secretary, PVFAA, FAMHRC Monique Cortes , TAP Health Services Assistant, PH Ryan Natividad , Program Coordinator, PH-EPE Selena Lomeli , Connect Riverside Selwyn Terry , Mentor, Women Achieving Success Tanya Sapa , Inland Empire Pacific Islander COVID Response Team Vernon Motschman , Riverside-San Bernardino County Indian Health, Inc. C. Michael Woodward , Dr. Anindita Gangully , Jaqueline Osuna , Phyllis Clark ,

ITEM	DISCUSSION	ACTION
I. CALL TO ORDER	Tonica Robinson called the meeting to order at 9:15am	
II. MEETING MINUTES	The committee reviewed the meeting minutes for December 6, 2020.	Glenis second.
III. TAKE MY HAND	<p>Dakota Brown, a peer support specialist at RUHS-BH, presented on "Take My Hand." "Take My Hand" is a free one on one live peer support chat service for people 18 or over in Riverside County. It is a service for people of all mental health states. If someone under 18 contacts "Take My Hand", they are referred to Children's. It is not intended as a crisis service but they have steps to take in case someone calls and has a crisis. There are working on getting Spanish speaking and Sign Language peer support specialist. (https://takemyhand.co)</p> <p>Maria Martha, technology manager for "Take My Hand", announced that the state is working on using "Take My Hand" statewide. It is a free chat and consumers don't need health insurance.</p>	

	<p>Gladys expressed a concern. If there is a person that calls in and does not have medi-cal they can aslo be referred to MISP. They may be referred to the CARES Line who will then provide resources as well.</p> <p>Gladys requested to have someone from the CARES Line to speak in the next meeting. Toni Robinson announced they would be added to February's meeting.</p>	<p>Angel Marin second Glady's request.</p>
<p>IV. THE NEW LOOK OF CULTURAL COMPETENCY</p>	<p>Toni Robinson gave a brief overview for this upcoming year with regard to Cultural Competency. Cultural Competency is having more inclusion with groups such as having a committee group for Veterans, Middle Eastern and North African, and the disability population.</p> <p>Toni introduced the Cultural Competency team: Aurelio Sanchez as the Veterans services liaison, Selenne Contreras, the office assistant, Tondra Hill, the social services planner, and Sylvia Bishop the secretary to Toni.</p> <p>Looking at having committees for the Middle Eastern and North African, disability/Deaf and Hard of Hearing, and the Latino/Latina/Latinx population. Cultural Competency is restructuring to be more culturally aware and culturally sensitive. It is going from region focused to cultural focused. Working to find what works with different populations.</p> <p>Innovations is now under Cultural Competency in hopes that anything new that comes up is more culturally informed.</p> <p>She announced that Cultural Competency is looking for new consultants for the new committees. Cultural Consultants will work with the committees to gain feedback and help us make our services better. They will be also be working closely with promoters.</p> <p>Toni then welcomed feedback from the group.</p> <p>Linda Hart is happy to know that Consultants will be working with promoters. She loves and looks forward to the collaborations.</p> <p>Toni announced that all RUHS-BH staff have to have a cultural competency training. In the future, we are looking at creating trainings that are specific to various cultural populations. Toni announced an upcoming WET training called "Understanding Black Male Grief and Trauma to Promote Healing."</p> <p>Gladys suggested speaking to the individuals actually receiving the services for feedback. Linda Hart interjected and suggested that we stay connected to the people who are promoting on the ground. People who are repeatedly in the community can also help.</p>	

	<p>Mila from FAMHC expressed that she is envisioning an in person survey of members of the community of what their personal experiences are with the services they receive. She proposed training for the promoters and outreach workers.</p> <p>Glenis agreed with Gladys and brought up an issue about the promoted services. Sometimes the consumers are not getting the services promoted to them. She also stated some consumers are having trouble paying for services.</p> <p>Dr. Renda Dionner gave input about a program funded by Riverside County. It was ran by the community and was successful in bringing more infrastructure.</p> <p>Maria Martha Moreno expressed an interest in getting involved in the Latino/Latina/Latinx committee.</p>	
V. COMMITTEE UPDATES	<ul style="list-style-type: none"> ❖ Gladys announced the virtual event AATF is holding for the Lunar New Year taking place February 10, 2021. ❖ Reverend Benita shared January 19 CAGSI will be planning for the New Year. ❖ Dr. Renda Dionner announced the Spirit Moon, a time to honor silence and realize our place within all creation. Gave an update on her involvement with a story medicine group. The Story Medicine group brought in traditional stories and ideas on how to survive or get through the pandemic. May do a presentation for the county. 	
VI. ANNOUNCEMENTS AND CLOSING	<ul style="list-style-type: none"> ❖ Linda Hart announced that the second week of February is African American Mental Health Awareness Week and African American Health Coalition will be collaborating with AAFWAG in holding an event in February. ❖ Taide Announced there are trainings with open seats. <ul style="list-style-type: none"> ○ 2/22 and 3/1 – Trauma and Eating Disorders: During a Pandemic ○ 3/10 and 3/24 Trauma and Parenting: During a Pandemic ❖ Maria Martha Provided free wellness apps. ❖ Ginger Galloway from Women Achieving Success shared an event taking place January 16th from 12pm-1pm and can register at fastogether.com ❖ IEHP is offering a workshop for teens Friday January 22 2pm-3pm Goals, Dreams and Beyond for Teens WebEx: 177-203-0976 	
VII. NEXT MEETING	The next meeting is scheduled for Monday, February 10, 2021, 9:00 a.m. to 11:00 a.m.	
ADJOURNMENT	With no further items to discuss, the meeting adjourned at 10:42am.	

CULTURAL COMPETENCY REDUCING DISPARITIES (CCRD) COMMITTEE

December 9, 2020

Meeting Minutes

MEMBERS PRESENT:	MEMBERS PRESENT:
Carlos Lamadrid , RUHS-BH, Cultural Competency Dakota Brown , Help@Hand, RUHS-BH Gladys Lee , LCSW, Consultant Glenis Ulloa , RUHS-BH, Cultural Competency Kimberly Macias , Intern, RUHS-BH Luz Negron , Parent Support, RUHS-BH Maria Martha Moreno , Adm. Service Manager, RUHS-BH Maria Ramirez , Office Assistant III, RUHS-BH Nisha Elliott , RUHS-BH, TRAC Team Novanh Xayarth , Children's Western Admin, RUHS-BH Children's Dr. Pierre Scott , Staff Dev. Officer, MHSA, RUHS-BH Rachel Williams , CT, RUHS-BH Rev. Benita Ramsey , LGBTQ Task-Force Sheri Park , BHSS, Lehman Student Clinic-RUHS-BH Suzanne Juarez Williamson , Supv. Research Specialist, MHSA, RUHS-BH Taide Arias , WET, RUHS-BH Tondra Hill , Social Services Planner, RUHS-BH Toni Robinson , Program Manager, RUHS-BH, Cultural Competency Solinda Ly , Office Assitant II, RUHS-BH	Angel Marin , Borrego Health April Jones , Hemet USD C. Michael Woodward , Borrego Health Dr. Anindita Gangully , Elena Weaver , Riverside-San Bernardino County Indian Health, Inc. Estee Song , Program Coordinator, SSG Jaqueline Osuna , Jon Brewer , Intern, RUHS-BH Linda Hart , African American Health Coalition Marina Lopez , Community Health Systems, Inc. Mila Banks , Secretary, PVFAA, FAMHRC Monique Cortes , TAP Health Services Assistant, PH Phyllis Clark , Healthy Heritage Renda Dionne Madrigal , Ryan Natividad , Program Coordinator, PH-EPE Selena Lomeli , Connect Riverside Tanya Sapa , Inland Empire Pacific Islander COVID Response Team Vernon Motschman , Riverside-San Bernardino County Indian Health, Inc.

ITEM	DISCUSSION	ACTION
I. CALL TO ORDER	Carlos Lamadrid called the meeting to order at 9:05am	
II. MEETING MINUTES	The committee reviewed the meeting minutes for November 4, 2020.	Minutes approved by Mila Banks.
III. HOLIDAY SEASON CAN BE TRIGGERING	<p>Dr. Pierre Scott gave a presentation on knowing the signs of depression, suicide, and substance abuse. He spoke on the importance of self-care and things one can do for self-care such as, yoga, exercise, walking etc. He presented an activity of mindfulness that involved a short meditation exercise. He also suggested some apps for meditation like Headspace, Calm, Kora, Liberate, and Abide.</p> <p>Dr. Pierre Scoot went over the suicide prevention resources.</p> <ul style="list-style-type: none"> ❖ National Suicide Hotline 1-800-273-TALK(8255) ❖ Riverside County Suicide Prevention Helpline is 951-686-HELP that connects to local resources. ❖ TakeMyHand.co connects to more resources with regard to mental health. ❖ Know the Signs, Self-Care and Wellness are some of the trainings offered to employees ❖ Mental Health services for employees is free. In addition, EMT is also free for employees and family members. 	

IV. CARRYING THE BRUNT OF COVID-19	<p>Gladys Lee gave a presentation on anti-Asian racism and AAPI resiliency during times of crisis. Novanh and Emily's stories were shared during the presentation. Novanh's journey from Laos to the U.S and Emily's summer in Wuhan, China and anti-Asian racism she experienced after the pandemic hit.</p> <p>Gladys was asked to give thoughts on how to manage micro-aggression for therapist. She shared that depending on how well the therapist knows the client sometimes it is good for the therapist to share his or her own feelings and thoughts. It will depend on the stage of relationship the therapist has with the client and how comfortable the therapist is in sharing. This is to empathize, connect and be present with the client.</p> <p>Linda Hart expressed that the Black community and AAPI have similarities in regards to historical trauma. Gladys's voiced that we are more alike than we think. Whether one is African American, Latino, or Asian a lot of the negative that has happened affects us all.</p> <p>Gladys Lee announced that the Lunar New Year is coming up on February 12, 2021.</p>	
V. SPIRITUALITY DURING THIS TIME OF YEAR	<p>Rev. Benita Ramsey shared a presentation on the role spirituality plays in resiliency. By the end of the presentation, she hopes we have a working definition of spiritual resilience; we are able to identify our own resilience language and to identify tools in sustaining spiritual resilience.</p> <p>Rev. Benita Ramsey presented a video and did a spiritual exercise. Asked everyone to name his or her top five resiliency practices. Gladys shared her top five resilience practices: Qigon, walks, Tai Chi, prays, and stays in touch with friends. Rev. Benita touched on some resilience tools such as, delivering compassion, journaling and exercising.</p> <p>In closing, she encouraged us to mask up, social distance, wash hands, stay in and stay connected to our social network.</p>	
VI. COMMITTEE UPDATES	<p>Tonica Robinson asked for any updates the committees would like to announce.</p> <ul style="list-style-type: none"> ❖ For AAFWAG, Nisha Elliott's only update is to provide her with an email if no one has been receiving updates and invites for meetings. ❖ AATF has new officers and will be meeting to plan the next calendar year. ❖ CAGSI announced their next meeting is Tuesday, December 15, 2020 	
VII. ANNOUNCEMENTS AND CLOSING	<p>Tanya Sapa, invited by Gladys and AATF, introduced herself. She is part of the Inland Empire Pacific Islander COVID Response Team.</p>	

	<p>Taide Arias announced community trainings offered by W.E.T in the next coming months. Asked if any community members are not added to the distribution list to contact her.</p> <p>Ryan Natividad would like to reach out to community members to connect them to focus groups and community forums.</p>	
VIII. NEXT MEETING	The next meeting is scheduled for Wednesday, January 13, 2021, 9:00 a.m. to 11:00 a.m.	
ADJOURNMENT	With no further items to discuss, the meeting adjourned at 11:03am.	